



1. What is BodyShape III For Cellulite Reduction and How Does it Work?

The BodyShapeIII technology incorporates vacuum suction, mechanical rollers, infrared light, and bi-polar radio frequency (RF) energy. When performed by a trained and certified clinician, patients can expect to see a reduction in cellulite, a reduction in the size of the treated area, as well as contouring and smoothing of unwanted lumps, bumps, and bulges.

2. Am I Candidate For ComplexCity BodyShapeIII Treatments?

Anyone who wants improvement of the appearance of cellulite in the thighs, hips, buttocks, and abdomen is a good candidate for BodyShape Treatments. Those who wish to contour unwanted bulges and disproportionate fatty areas will also gain benefits from BodyShape treatments. While BodyShape treatments can produce outstanding results in the area of cellulite and circumferential reduction, longer term effects can be achieved by maintaining and adhering to a healthy lifestyle.

3. How Does ComplexCity BodyShape Treatment Improve the Appearance of Cellulite?

The mechanical process of the ComplexCity BodyShape treatment combines gentle light and radio frequency (RF) energies. When combined with mechanical rollers and vacuum suction, the superficial fat tissue layer that contributes to cellulite can be manipulated to achieve the desired results. Furthermore, the heat from the light and RF energies increases metabolism of this fatty layer and thus promotes a reduction in the size of fat cells. The mechanical rollers and vacuum suction promote an increase in blood circulation to the local area, as well as massaging the skin to produce a smoother, less dimpled surface appearance.

4. How Many Inches Can I Expect to Lose From BodyShape Treatments?

When performed by a certified ComplexCity Clinician, using the proper technique and treatment parameters, every patient can benefit from BodyShape treatments. Still, results can be highly individualized, varying from subtle to dramatic, depending upon the physical state of the patient prior to treatment, and the patient's adherence to a healthy lifestyle. In clinical studies, patients lost 0.5 inch to 3 inches post treatment, however it is not unreasonable to exceed even these results.

5. How Many BodyShape Treatments Will I Need and How Often?

BodyShape treatments produce a temporary shrinking of fat cells, as well as a smoothing effect upon the skin in the treatment area. Although benefits can be seen and felt often from just one or two treatments, to achieve longer lasting effects, a treatment

protocol of six (8) sessions is typically recommended. A single treatment typically lasts between 20 to 30 minutes, but can be as long as 45 minutes, or more, for multiple body sites on larger individuals. Re-treatment is performed every week. After a series of eight sessions, the body adapts to the BodyShape treatments with a long term effect of shrunken fat cells lasting for many months. Results improve with the maintenance of a healthy lifestyle, which includes a healthy diet and exercise. Once a patient has undergone a treatment program of six (8) sessions, periodic maintenance treatments can be performed to refresh the results.

6. What is the Cost for Treatments?

Long term results can only be achieved through a series of six (8) weekly sessions and prices will be based upon this treatment protocol. However, specific fees are based upon the individual's needs and number of areas being treated. Those areas can include any one or more of upper arms, buttocks, upper rear thighs, and upper front thighs. An accurate fee can only be truly established through a free, private consultation. During that time your Symphony Representative will assess your cellulite reduction and/or body reshaping needs and determine the extent of treatment necessary.

7. Are Treatments Painful?

Many patients describe the sensation of a ComplexCity BodyShape treatment as that similar to a deep tissue massage with the additional presence of heat. While not common, some patients have actually fallen asleep during their treatment. Afterwards, one should expect to see some light redness to the skin and the areas feel warm for a short period of time. Patients can return to normal activities immediately following their BodyShape treatment.

8. Are There Any Risks Associated With BodyShape Treatments?

ComplexCity BodyShape treatments are very safe and pose no long-term health hazards. Further, these treatments are effective for all skin colors and can be performed even on tanned skin. It is recommended that excessive tanning from the sun, sun-beds, or tanning creams should be avoided two weeks prior to treatment. A patient with sunburn will have their treatment delayed until the effects of the sunburn have passed.

9. What Improvement Will I see and How Long Will it Last?

A patient can notice improvement in the appearance of cellulite in treated areas from the first or second treatment. Gradual improvement will continue to appear even after the treatments are finished. Most patients will notice a finer, tighter shape, and re-contouring of areas such as saddlebags and love handles, which are measurable by a reduction in circumference or girth. The deep heating and mechanical massage from BodyShape treatments provide added benefits of improved circulation and relief from muscles aches in the treated areas. Patients who undergo a series of eight (8) treatments will experience a smoothing of the treatment area, a reduction or elimination of the appearance of cellulite, as well as a tightening and firming effect which could result in the loss of multiple inches